



District Rotaract Committee 2014 - 2015

# NEWSLETTER

March 2015  
Vol. 2



Rotary  
District 3450



Rotary International District 3450  
(Hong Kong, Macao, Mongolia, and  
The People's Republic of China - Guangdong Province)

# District Service Project 2014-2015

## “The Dreamer Project”

“The Dreamer Project” has launched successfully with efforts from each of you who participated in it, and there will be much more ahead! As Hong Kong is facing a social problem that elderly commits suicide due to loneliness and pressure, this project aims to arouse the public awareness towards this issue. There are total of 4 stages and each stage echoes to the objectives of the project, which is to help the elders to achieve their dreams, build up a strong bonding with others, enhance their confidence and positive thinking and raise the awareness of teenagers towards the elderly.

### **Stage 1 – Elderly Home Visit 尋夢·啟航**

Stage 1 was successfully held on 9 November 2014 with more than 90 Rotaractors joining us that day. Volunteers are divided into small groups to visit the elderly, they could understand more about the personality, background and the dream(s) of the elderly during the visit. Moreover, we prepared gift packs for each elderly and it was heartwarming to see the grin on their faces. Apart from capturing the memorable moments, our Dream Achiever Team consolidated the information collected in this stage for the purpose of achieving their dreams.



### **Stage 2 – Building Relationship 耆夢·緣始**

#### **Stage 2a – Kick-off Ceremony**

Stage 2a was held on 21 December 2014 in the air of laughters and love before Christmas. This ceremony marked a commencement of “The Dreamer Project” with DG Belinda Yeung as our honorable guest. We arranged different programs to provide a delightful afternoon for elderly to spend with Rotaractors, including various mass games, magic performance by a little boy and also light refreshment. Again, it was more than happy to see both elderly and

Rotaractors enjoyed their time on that day. We also arranged a home visit for those elderly who could not attend our kick-off ceremony.

#### **Stage 2b – Outing Activity**

Embraced by the perfect weather, stage 2b was carried out smoothly on 10 January 2015. We visited Hong Kong Park and Hong Kong Zoological and Botanical Gardens with elderly on that day, Merry expressions were shown on everyone’s face. This outing provided a precious opportunity for volunteers to learn more about a different side of elderly. An interesting observation to share was that the elderly were even more energetic than our Rotaractors on the way back to the center! Lastly, we wish every elderly to stay healthy in this new year ahead.



### **Stage 3 – Achieving Dream 緣途有您**

Here comes to the climax of our project, it is time for us to work on the long-awaited dream achieving stage! We have gained understanding towards the elderly in the previous stages, and volunteers were divided into smaller teams to work on the dream-achieving plan. We are proud to say that we are ready for this! If you would like to take part in this or know more about the project, feel free contact us or refer to the e-mails for more details.

# First Step to Rotaract cum District Conference 2014-2015

## “Home Sweet Home 愛。回家”

First Step to Rotaract cum District Conference First Step to Rotaract cum District Conference (FSTR cum DC) 2014-2015 “Home Sweet Home” had been successfully held on 7-8 February 2015 (Saturday-Sunday) at Pak Tam Chung Holiday Camp. There were over 300 Rotaractors joining the 2-day-1-night camp. All participants had been divided into groups to finish different tasks, with two facilitators for each group. Throughout the program and the tasks, Rotaractors knew more about Rotaract as well as their roles and responsibilities. It also provided a platform for exchange of ideas and fellowship.

Facilitators played an important role on sharing of past activities and experience with the group members, who are all incoming Club Officers of Rotaract Clubs. Meanwhile District Conference (DC) was held on 7 February 2015 night. There were Rotaract Clubs performing and presenting their recent club activities. All the performance was great while the winner goes to Rotaract Club of Shaw College, The Chinese University of Hong Kong. Also, a Mr. and Miss Rotaract Election was held, they played games and had a Q&A session regarding Rotaract. All participants elected their favorite team afterwards and the winners are President Kenneth Chan and Chloe Siu from Rotaract Club of Hong Kong City North. It was a memorable moment for all!



### 8<sup>th</sup> JPM cum Reunion Dinner

8<sup>th</sup> JPM cum Reunion Dinner had been held successfully on 12 February 2015 (Thursday) at Tai Ji Restaurant, Youth Square. It also served as a gathering for the participants of FSTR cum DC, more than 200 Rotarians and Rotaractors in total gathered there for reunion. Pun Choi had been served to celebrate the festive Chinese Lunar New Year. Apart from updates from District Rotaract Committee and Rotaract Executive Committee as well as Rotaract Clubs as usual, a lucky draw had been held and everyone enjoyed the time!

# Rotaract Club of Happy Valley

Rotaract Club of Happy Valley has been embracing this year's theme, "The World Lives as One", by various of events!! We always welcome your participation!!

## Past Events

Aug 30	Installation	
Sep 06	Club Service	Mid-Autumn Hiking cum Barbecue Day
Sep 14	Professional Development + General Meeting (GM)	Collage Workshop cum 1 <sup>st</sup> GM
Oct 25	Community Service	1 <sup>st</sup> Birthday Happiness Party
Dec 20	Community Service	Christmas Party
Dec 21	Club Service	Christmas Party (with RAC Kowloon West)
Jan 03	Community Service	2 <sup>nd</sup> Birthday Happiness Party
Jan 24	Community Service	Children Drawing Workshop



## Upcoming Events

Feb 14	Community Service	Children Ornament Workshop
Feb 15	Club Service + GM	Reunion Dinner cum 2 <sup>nd</sup> GM
Apr 03-10	International Service	Fishinesia (Indonesia)

# Rotaract Club of Hong Kong City North

Rotaract Club of Hong Kong City North is 4 years old!!! We have held a Birthday Party cum General Meeting on 10 January 2015, very glad to have Rotarians, Rotaractors and friends joining us. Thanks for your support in these 4 years, look forward to seeing you in the future events. To know more about our upcoming events, follow us on Facebook "RACHKCN" and stay tuned!



## Rotaract Club of Hong Kong Institute of Vocational Education (Chai Wan)

From 23rd January to 25th January, Rotaractors from Rotaract Club of Wu Kung, RI D3490, led by their President, Simon Lao, visited Hong Kong and our club was glad to be their guide of this trip. President-Elect Dennis, PP Philip and IPP Maggie of our mother club, Rotary Club of Hong Kong Sunrise, and DRR Jessica also shared our happiness during the dinner.

Other than shopping and sightseeing, one of the most memorable activities was joining a workshop at *Dialogue in the Dark* in order to experience the feeling of being visually impaired. We are looking forward to the International Service Trip to Taipei partnering with RAC Wu Kung. All participating Rotaractors agree this is an unforgettable weekend for us.



## Rotaract Club of Kowloon Golden Mile

### Love Across Miles 2014-2015

Since 1997, we, Rotaract Club of KGM has been working on the youth development. By encouraging youngsters to learn more, serve the people in need and lead the whole society with positive value.

In 2014-2015, "Love across Miles" is the aim to embrace our love to different classes of people in HK and outside HK.

### Love Elderly

Sham Shui Po is deemed as the poverty and elderly district. Since many of them are living alone, they need care and love. Because of that, we have been cooperating with Sham Shui Po Sik Sik Yuen over 5 years, we visited elderly on regular basis. We are very proud of building up the relationship with elderly. People may think that talking to elderly is boring, but it's not. We learnt more than we expected, we are serving and we are learning! Moreover, we are invited by our mother club to deliver the blankets to elderly during winter. Each little help counts.

### Love minority (Handicaps Visit)

Minority is often ignored in the world. Then should we abandon them?

NO! You would know that they are one of us, when you join our Handicaps Visit. We formed a core group to visit mentally handicapped students in Wai Ji Centre at Tseung Kwan O. We chat and play games, dance and have afternoon tea together. It is an amazing experience to see how cheerful they are.

They don't need anything else, but our love. As time goes by, we built the friendship, we recognize each other's faces and names. Sometimes, they would ask us how the thing is going on with us, as they remember what we told them. We are touched in heart, and would like to keep doing it, spreading our love to people in need.



## Rotaract Club of Kowloon West

We have organized a sign language course with Hong Kong Association of the Deaf in January. After 5 lessons of learning and examination, we have acquired the basic and fundamental knowledge. We hope to apply what we have learnt in the foreseeable future.

Our miles project has included two service target groups this year - solitary elders and ethnic minority children. Everything is running smoothly, we have at least one visit to both service target groups each month. Rotaractors who are interested can join us in the upcoming visits, please contact President Simone Chow at 65466715 or [chowsiman@gmail.com](mailto:chowsiman@gmail.com) for any enquiries.



## Rotaract Club of Mid-Level

**Charter Night of Rotaract Club of Mid-Level:  
We Made It!**

Our Charter Night was successfully held at the Helena May on 23 January 2015. Themed on the Great Gatsby, this meaningful and memorable event has received attendance of more than 100 Rotarians, Rotaractors and their guests. Many dressed up in response to the theme for the Best Dress Competition. We had club singing performance on "Stand By Me" and guest performances on cello, accapella and live band show. Fundraising on raffle, auction and songs dedications were also successful.

Thank you for those who have supported us. We look forward to building friendship with all fellow Rotaract Clubs.



## Rotaract Club of The University of Hong Kong, HKUSU



Have you ever imagined the lives of the visually impaired? We, Rotaract Club of The University of Hong Kong, HKUSU, held an activity named “Blindfold Dinner” in late January. This function enabled participants to experience living in the “darkness”, through a series of simulations, e.g. walking around campus and having dinner with blindfolds. We were glad to see that participants reflected on the better ways to construct a “barrier-free environment” for the disabled, in terms of equipment, facilities, as well as other systems in the end. All proceeds, after cost deduction, were donated to ORBIS Hong Kong.

## Rotaract Club of Ulaanbaatar

### Children’s Garden Project

Inspired by the Rotary Area of Focus “Fighting Disease” and “Saving Mothers and Children” Rotaract Club of Ulaanbaatar initiated the project “Children’s Garden”. Its mission: to create clean outside garden for community and safe playground for children. We decided to renovate outside location of National Center for Maternal and Child Health. The center was built in 1930 and currently the largest hospital of its kind. The exterior have barely received any attention and majority of the funding are spent on operation of the hospital.



### Eye See Project

Rotaract Club of Ulaanbaatar is striving to decrease the amount of eyesight failure in children, which has been growing in numbers and has become a serious threat to the future generation. To raise public awareness of the dangers of the “Lazy Eye” disease and help decrease the aforementioned threat, after thorough examination of 600 underprivileged children of secondary school #88 and #121, we have provided 112 children diagnosed with eyesight failure and astigmatism, with eyeglasses, each fitted to precision to the individual child, with frames chosen by themselves; and have successfully implemented “Eye See” project in partnership with “Glaucom” Eye Center.



# World Rotaract Week 2014-2015

## “Full Love”

After the excitement of First Step to Rotaract cum District Conference (FSTR cum DC) 2014-2015, here's come to World Rotaract Week (WRW) 2014-2015. It is the birthday of Rotaract and it aims at commemorating the chartering of the first Rotaract Club on 13 March 1968. This year, we are going to organize a series of events including a carnival, blood donation day and JPM Party to advocate our motto "Fellowship through service". "Full Love" is the name as well as the theme of WRW this year. We would like to have community service while celebrating the birthday of Rotaract is order to spread love to our community.

### Full Love Carnival

Date: 8 March 2015 (Sunday)

Registration time: 09:15 (For contestants),  
09:45 (For audience)

Time: 10:15-13:30 (For games session)  
14:00-17:00 (Ceremony and booth session)

Venue: Hong Ning Road Playground, Kwun Tong

Fee: \$60 per person (For contestants)  
\$40 per person (For audience)

Dress code: Red "I am Rotaractor" Tee

Rotary District 3450  
地區扶輪青年服務團委員會2014-2015  
國際扶輪3450地區  
(香港、澳門、蒙古國及中華人民共和國 - 廣東省)

樂扶嘉年華  
Full Love Carnival  
47th WRW 2014/15  
世界扶青週  
日期: 2015年3月8日 (星期日)  
時間: 下午兩時至四時半  
地點: 九龍觀塘康寧道遊樂場  
(場地支持: 康樂及文化事務署)  
典禮・攤位環節・表演

金贊助:  
Rotary Club of Hong Kong Sunrise  
Rotary of Southern Shores

銀贊助:  
Mrs Iris Tsang & Mr Eric Tsang

星級贊助:  
Easy Organic Farming 太極樓 HONG FOOK TUNG HKBSF

飲品贊助: 支持機構:



# World Rotaract Week 2014-2015

## “Full Love”

### Full Love Blood Donation Day

Date: 13 March 2015 (Friday)

Time: 18:00 – 21:30

Venue: Red Cross Mong Kok Donor Center

Address: 11/F, Ginza Plaza, 2A Sai Yeung Choi Street South, Mong Kok, Kowloon

Dress code: Red or Black "I am Rotaractor" Tee

### Full Love JPM Party

Date: 14 March 2015 (Saturday)

Registration time: 19:30

Time: 20:00 – 22:30 (For JPM Party)

22:30 – 00:30 (For service session)

Venue: Room 6603 & 6605, Academic 2 Building, City University of Hong Kong

Dress code: Red or Black "I am Rotaractor" Tee

Fee: \$80 per person

**\*\* *Payment to be made on or before 6 March 2015.***

